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Brief Description (Objective): The students will be able to realize the importance of optimism in leading a happier and healthier life.

Teaching Aids: TRD

Concept-Value Connection:

- **Prepositional phrases are a group of words that are descriptive. They modify words and make the reader understand sentences in a better way.**
- **Likewise, optimism modifies or transforms the way we look at things and helps us lead a happier and healthier life.**

Activity: Role-play

Characters: Narrator, Ramu, Ramu's Uncle

Narrator: Ramu adores his uncle who looks quite young for his age and is always active and smiling. It is his birthday. Ramu goes to his uncle's home to wish him.

Ramu: Happy birthday uncle!

Uncle: Thanks a lot, Ramu. I am so happy to see you.

Ramu: Uncle, you look so young. I can't guess your real age. How old are you?

Uncle: (Laughs) I have completed sixty golden years on this Earth.

Ramu: That's a nice way of telling your age. I have always found you cheerful and active. What is the secret of your high energy and cheerful attitude, Uncle?

Uncle: Let us go to the park near our house. We can sit there and talk.

Narrator: Ramu and his uncle take a stroll in the park and sit on the bench to relax.

Uncle: Ramu, let us play a game. I will write a sentence on paper. You read the sentence aloud.

Narrator: Uncle writes the sentence, 'The Sun is nowhere.' on a paper and gives it to Ramu to read.

Ramu: You have written, 'The Sun is nowhere.' on this paper. What should I do with this now?

Uncle: Your challenge is to change this negative sentence into a positive sentence without adding any extra words.

Narrator: Ramu thinks for a while but is unable to solve the puzzle.

DISCLAIMER

Ramu: Uncle, I am clueless about how to solve this. Please reveal the solution.

Uncle: (smiles) It is very simple. Just add a space in the word nowhere to make it now here. Now read the sentence again.

Ramu: (Excitedly) Wow! The sentence has now become, 'The Sun is now here.' You are a genius, uncle!

Uncle: Just adding a space in the middle of a word has completely altered the meaning of this sentence. This is how I also transformed myself into a happier and healthier version of myself, Ramu. Instead of thinking about what I don't have in life, I started being grateful for even the smallest things in life. I have made up my mind to always be happy and positive. This optimism helps me to face challenges with courage and it also keeps me healthy and active. Remember, **'As you think, so you become!'**