



Brief Description (Objective): The students will be able to internalize the messages conveyed through stories by reflecting deeply.

Teaching Aids: TRD

Concept-Value Connection:

- Story writing and telling connect to our emotions and leave an impact on us to practice high ideals. Stories help us learn about behaviour and consequences.
- It is not enough if we just listen, read, or write stories as a pastime. We should take time to reflect on the messages conveyed by the stories and make every effort to put into practice the values we learnt from them.

Activity: Story

Note to the teacher: The teacher will narrate the story without revealing the take-home message. Children have to reflect on the story, discuss it and come out with the message that the story conveys.

Once, two friends were walking on the beach by the sea. While discussing something, they had an argument, and one friend pushed the other one down. The one who got pushed down felt hurt, but without saying anything, he wrote in the sand, "Today my best friend pushed me down".

They kept silently walking until it was low tide and they decided to take a bath in the sea. The one who got pushed down got stuck in the slush and started drowning, but his friend saved him. After recovering from the shock of drowning, he wrote on a stone. "Today, my best friend saved my life".

The friend who had pushed and also saved his best friend asked him, "After I hurt you, you wrote in the sand and now you are writing on a stone. Why?"

Notes to the teacher:

- Follow the story with these questions.
- Wait for their answers and convey the take-home message given below.

Questions:

1. What could be the reason behind writing on the sand when hurt and on a stone when rescued?
2. What message does the story convey to you?

Take Home Message:

- ❖ **Anything written on sand gets erased easily by the winds. When someone hurts us, we need to erase it quickly from our minds by forgetting and forgiving them.**
- ❖ **Anything written on a stone stays forever. When someone does something good for us, we should never forget it and remember it forever with gratitude.**

Points to Ponder/reflect upon

- ❖ **Every story has a message to convey.**
- ❖ **Internalizing these messages helps when facing challenges in day-to-day life.**
- ❖ **Learning without reflection and practice is of no use.**

Source: Sunrays for Sunday