



Teaching Aids (Provided): TRD

Concept- Value Connection:

A phrasal verb is a word combination of two words and is not the sum of the meanings of the two words. For example, the meaning of 'brought up' is not the sum of the meaning of 'brought' and 'up'. So too, if a person's actions differ from his speech, he will not be trustworthy and dependable, which adds no value to his life.

Type: Story

Am I Dependable?

A woman once visited Sri Ramakrishna Paramahansa. Having heard many tales about Ramakrishna's grandeur, her only goal was to meet him and talk about her son's habit of eating too many sweets. She requested that Paramahansa advise her son to give up eating them.

Surprisingly, Ramakrishna Paramahansa replied that he could not tell that to the child. He can supposedly help if they come back to him after a month. Disappointed and confused, the mother got back to her place with her son. Exactly a month later, she came back with her son.

Ramakrishna made the boy sit beside him and said, "Remember, my dear, that one's true wealth is their health. You will never be able to develop into a strong, healthy young man if you do not take good care of yourself. Weakness will stop you from accomplishing anything worthwhile in life. If something is bad for our health, then we should give it up. Promise me that you will not eat sweets from tomorrow. You can start eating moderately after a while." The boy, nodding his head, promised that he would give up eating sweets. After sending his son out, the mother asked Ramakrishna Paramahansa, "Master, why didn't you give this advice last month itself?" Ramakrishna said, "Mother, I was eating a lot of sweets at that time, so how could I advise your son not to eat sweets, if my words do not match my actions? That will not have any impact on him. This one month, I stopped eating sweets, and now I have the full right to advise him."

Ramakrishna Paramahansa was dependable by all, as he did what he said, advised, and preached what he practised.

Notes to the teacher:

Summing up:

To be dependable we need to

- Act as we speak
- Be reliable
- Be trustworthy

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